

# Sample Packed Lunch Choices

## Sandwich Filling Options (on white or wholemeal bread)

Ham, Ham & pickle, Ham salad, Ham and cheese, Ham & tomato

Cheese, Cheese & Onion or tomato, Cheese and pickle, Cheese salad

Tuna & mayo, Tuna & sweetcorn

Egg Mayonnaise

Jam.

- Carton of Orange or Apple Fruit Juice or Mineral Water
- Fresh Fruit – Apple, Banana or Orange
- Crisps
- Flapjack
- Small chocolate biscuit (e.g. Kit kat)

***Packed lunches must be ordered before 6pm the night before.***

\*occasionally some of the listed options may not be available and an alternative will be offered.